

Rocmaura

a community of caring people

Blessings

Kevin Brown visits his mother Dorothy every day at Rocmaura. "It's been a real blessing," he says.

"Mother started showing signs of dementia about 5 years ago. We noticed she wasn't eating well, she wasn't bathing properly. The last straw came, when she started barricading her doors at night. If there was ever an emergency, I just wouldn't want to think about what might have happened. We didn't know what to do. My wife and I were exhausted. I had a lot of guilt, but everything changed when Mom came to Rocmaura."

"This is better than home!" Dot pipes up from her coffee. Terrace Court is now where she feels at home. "It's given us a peace of mind," says Brown. "I just could not have asked for anything better."



Final Phase of Wardrobe Project Underway on Terrace Court

The Knights of Columbus Council 6595 has pledged to help kick start the final phase of Rocmaura's Wardrobe Project on Terrace Court. There are 49 wardrobes left to build at a cost of over \$170,000. The Council is helping Rocmaura begin renovations to its remaining rooms, by dedicating the first wardrobe in memory of Father Eugene O'Leary. He was a beloved Parish Priest and Grand Knight who spent his final days at Rocmaura from 2002- 2003.

"Let's face it. This is a 45 year old facility and it's showing its age, but it is still very well maintained," says former Grand Knight and police officer Kevin Brown. "This is a much-needed update," says Foundation Director Sally Cummings. "These necessary upgrades will eliminate safety hazards and greatly enhance the lives of those who live here."

With a \$3500 donation or accumulation of donations adding up to that amount, you can build a new wardrobe unit and have a plaque engraved with your company name, or in memory or honour of someone special. With the community's help, Rocmaura hopes other donors will come forward to place a minimum order of 6 units soon as possible.



Ways You Can Support us...

- Make a Memorial Donation
- Downsizing? Donate items to our auctions
- Hold a fundraiser through your work place & donate the proceeds to Rocmaura Foundation
- Buy tickets or sponsor events like our Rocmaura Gala and Curling Fun Spiel
- Make a donation to our Donor Wall Leaf \$100, bird \$250, butterfly \$500
- Dedicate a plaque on a new wardrobe \$3500

Did you Know?
It costs over \$10-million dollars annually to provide services and run Rocmaura.

Rocmaura Foundation is committed to making life better for Residents in their "home away from home" by providing some of the extras not funded by government.

**Please contact Sally Cummings in the Foundation Office at 10 Parks Street Saint John, NB E2K 4P1
Tel: (506)643-7090 or
Email: foundation@rocmaura.com**

Simple ways to help right now!

- 20 bud vases for flowers
- 6 table top portable CD players
- 12 mobiles (Snoezelen) to hang in rooms
- Subscriptions to LARGE PRINT MAGAZINES like Reader's Digest, Our Country, Saltscapes, LL Bean, Hello, IDEAL
- Old calendars with lots of pictures to look at
- Quilt pattern books to plan a craft project
- 50 dark facecloths, 10 dish cloths, colourful ladies scarves to fold, a variety of types of socks to match up, quilt pattern blocks, crochet squares to stack for daily task/chore
- Doll clothes
- Laminator machine



You Can Help Fill Our Wishes Page 2

With a \$500 donation we could ...

- Create a movie theatre in our recreation lounge with a pull down screen & black out blinds
- Purchase an outdoor swing for our courtyard
- Purchase new curtains
- Build a baby nursery nook with a crib, basinet, and change table



With a \$150 donation we can provide...

- New artwork for our walls
- 2 Parachutes & ball kits for fitness activities
- Reminiscence tools - CDs & Concert DVDs (order from Room 217, Flaghouse & HMV)
- 4 Rosary CDs
- 3 therapeutic companion pets



Questions?
Please contact our Recreation Therapists
(506) 643-7064
Pamela.clark@rocmaura.com

With \$1500-\$3000 donations we can....

- Update our furnishings with a new Resident room chair, sofa, adjustable dining table, or a rock 'n lock glider.
- Help us furnish an alcove or dining area
Ask us how!



What people are saying about us...

"I cannot say enough about all the staff at Rocmaura in their care for Dad and their many kindnesses toward my Mother." **Karen Bonner**

"I want to thank all the staff for taking such good care of my Father Ralph "Bill" Charlton. You're all angels to me and my family appreciate everyone of you very much." **Sheri Charlton**

"My Aunt Marie Little spent her last days at Rocmaura. The people were so wonderful to her and the rest of our family." **Aurell Joseph Ketch**

"I wanted to let your staff know how grateful I am for the daily care you give my Mother Mary Gallagher. She phones me every day to tell me something wonderful she did, whether it was a picnic outside with ice cream or the daycare children coming to visit. Mom talks about the sweet nurses who care for her and make her laugh and smile daily.

I say a prayer of thanks to God for sending my Mom to Rocmaura. She is simply HOME.

Thank you all for giving Mary's family such a great peace of mind." **Jackie Hamilton-Irving, Moncton**



The Foundation has provided 7 Thera Glide rocking chairs in recent months. Residents like Angie Mackenzie enjoy the soothing motion of these gliders. In fact, the residents love them so much, that Octavio Ribeiro decided to donate 3 to our home! Thank you! These chairs cost about \$1500 each with the medical grade fabric, belts and trays.

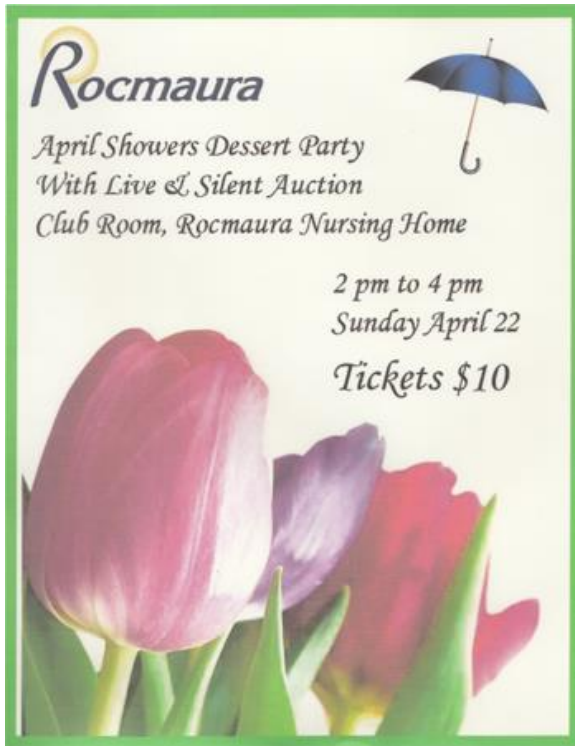
Mary MacDougall pets a companion kitty donated by Marie Mohra. These cuddle pets move and purr just like a real pet, providing great company and smiles. The home has had about a half dozen of these donated recently. We are also grateful for new lap quilts and warm socks donated.



Christmas Caring Tree

Rocmaura Foundation's Holiday Campaign was a big success raising \$1280 for recreation programs. Many thanks to everyone who purchased ornaments for our tree in honour of someone special. We are hoping to expand this program, by giving family members an opportunity to purchase seasonal door decorations and comfort baskets throughout the year.

To make a donation to Rocmaura Foundation please contact Sally Cummings (506) 643-7090 foundation@rocmaura.com Be sure to visit us on Facebook for daily updates on what's going on!



Rocmaura
*April Showers Dessert Party
 With Live & Silent Auction
 Club Room, Rocmaura Nursing Home*

2 pm to 4 pm
 Sunday April 22
 Tickets \$10

Contact Marie Murphy
akeithn628@rogers.com (506) 639-1445

LOTTO
10/49

Draws begin April 4 to June, 2018. Only \$10 to play!
 Pick ten numbers from 1- 49
 Watch lotto 6/49 every Wednesday & Saturday
 First person to match all 10 numbers in a line WINS!
 Cindy Keleher (506) 608-8498
cindykeleher123@gmail.com

Curling Fun Spiel raises over \$7200



Thank you \$200 Sponsors!

- John Fitzpatrick for TD Fitzpatrick Wealth
 - Shurt Fit Automotive
 - David Foster / Fish & Brews Pub
 - Alberts Draperies
 - The Ketchums Sell Houses
 - Alternative Concrete
 - John Flood & Sons
 - Auxiliary
 - Don Mitchener
 - Hamilton's Carpets
 - JDA Electric
 - Lawson Creamer Lawyers Robert Creamer
 - M&M Painting
 - Robert Landers Professional Corporation
 - Wolseley Inc.
- Next year's event is **February 2, 2019** at Carleton Club

ROCK-AMOUR-A



Cindy Day & Donnie and the Monarchs will be back!
 20th Annual Dinner, Auction,
 Dance on SEPTEMBER 29, 2018





Sheila Fitzpatrick – Chair
Emil Olsen – Vice Chair
Rod Flood – Past Chair
Brian Fitzpatrick – Treasurer
Sr. Anita Naves
Sr. Sandra Barrett
June Creamer-Cormier
Jennifer Flood-Waugh
Don LeBlanc
Marie Murphy, Rocmaura Auxiliary

You can make a difference!

We are actively seeking new board members and volunteers to serve on committees.

To get involved please contact Sally Cummings, Foundation Director
(506) 643-7090

foundation@rocmaura.com

Our Caring Staff

Housekeeper, Mona Mulcahey made a couple of Residents' day, by donating a companion cat and pup with funds she made from holiday baking in the home. Bill Brown calls his pet, Beauty.



Mary Fitzpatrick places a butterfly on Rocmaura's Legacy Tree in memory of her husband J. Brian Fitzpatrick. Thank you for your kindness to help our Residents.



As spring brings everything to life, YOU can also help Rocmaura grow. No matter how big or small your gift, you are making a BIG difference in our residents' lives. Leave a legacy on our donor wall in the main dining lounge in the heart of our home, by making a lasting tribute in honour of someone special, whether a staff member, relative or friend! The government does not fund everything we need at Rocmaura, so the Foundation provides the EXTRAS to make their life more comfortable in their "home away from home."

Valentine Deliveries Bring Joy



A Big Shout Out to Celebrations in Bloom! They gave \$10 dollars from each delivery to Rocmaura Foundation.

Many thanks to all our families who supported this campaign.

A special thank you to the nurses & staff of Rocmaura Nursing home & Terrace Court for their kindness and support during a difficult time

“Our family is so grateful for the wonderful care our Mom, Hilda Mason, received while at Rocmaura. The excellent care from all the staff is truly amazing.”

We still talk about it and tell everyone how impressed we were, especially since Mom was only in Rocmaura for a week before she passed away. You would have thought she had been there for years by the compassionate, caring, loving treatment she got from everyone.

Our Mom was the most beautiful, loving person ever, and always with a huge smile and a hug for everyone. Our family couldn't get over how she was cared for and how wonderful we were looked after. Bringing food for every meal to us and sometimes there were quite a few since Mom had a large family. Some of us stayed with her 24 hours a day. Rocmaura couldn't do enough for us. They were there for us emotionally and physically.

I am one of five daughters who took Mom everywhere with us and we miss her terribly, but we are so thankful she was in Rocmaura when God called her home. Thank you Rocmaura for being there for us and our Mom. We will be eternally grateful.

Our Dad was having a hard time dealing with the thought of losing his loving wife of almost 70 years, but the compassion from all the staff helped him during that difficult time. Alan Mason has placed two birds in memory of his wife Hilda on Rocmaura's Donor Wall.



89 year old Hilda Mason wife of Alan "Gene" passed away January 22, 2014. She was a loving wife, mother and grandmother and devoted her life to her family. She enjoyed traveling with her daughters and spending time at the camp in Pocologan, where she tended everyone's flowers. She was always ready for long drives, ATVing with her husband, Gene, a shopping trip, and Tuesday's at the Coffee Mill. Hilda biggest joy was having family around.



“It is so nice to have the memorial tree. Mom would have loved that because she loved birds and nature.”

Pictured on left: Donna Henderson & Lorna Whipple