



Save the Date! Rocmaura Gala September 16, 2017

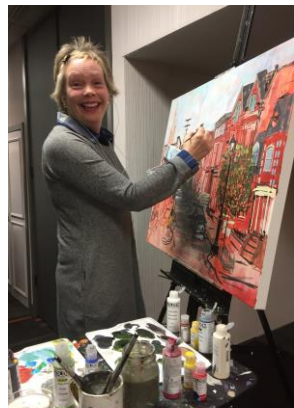
Rocmaura Foundation's 19th Annual fundraising Dinner & Auction with CTV's Cindy Day will be held on September 16, 2017 at the Saint John Trade & Convention Centre.

Gala Co-Chairs Sheila Fitzpatrick & Marie Murphy and Décor Committee Roxanne Beateay are planning a wonderful evening celebrating Canada's 150th. "This year we are having a sit down dinner featuring some of our favourite Canadian flavours." You'll also be able to watch creativity at work as well-known local artist Lana Langille-Doucette paints an artwork for our live auction throughout the night. "There will be plenty of wonderful auction items up for bid, and guests will be able to dance the night away to Donnie & the Monarchs. It's going to be a fun filled event in support of a great cause."

Tickets are \$125 with \$65 tax receipt or table of ten for \$1250. Sponsorship opportunities are now available. Please call the Foundation Office to get involved! We are now accepting items for our live and silent auctions. Please drop things off at the Foundation Office by August 5th at 10 Parks Street.

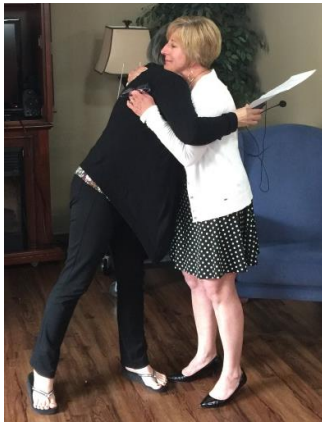
Antiques and other collectables will be appraised by Tim Isaac and you will get a tax receipt for the value. Items must be valued at \$50 and please be sure to include your mailing address and E-mail. It is also helpful to enclose an itemized list and description of your donation. Call (506) 643-7090 or Email

foundation@rocmaura.com



A Big Round of Applause

A fond farewell to **Kim Roberts**, Rocmaura's Director of Nursing who has retired after 8 ½ years. She looks forward to spending time with her grandson Roly and will work part time as nursing supervisor at St. Joes. Kim and her husband Roland have been big supporters of Rocmaura Foundation and promise to stay involved.



Congratulations to **Sheana Mohra**, the Executive Director of Rocmaura Nursing Home, who was honoured with a Mid-Career Achievement Award at the national Catholic Health Care Conference in Charlottetown, PEI, May 10-12, 2017.

This is a national award given to young leaders who have demonstrated outstanding leadership in their organization and significant growth as a leader in the ministry and to the mission of Catholic health care. Well deserved!

Congratulations to **Emil Olsen** for receiving the Catholic Health International "Volunteer Excellence Award". Olsen has served on the Rocmaura Foundation Board for 12 years and chairs our annual Curling fun spiel. Emil leads by example, throwing himself into many causes, and we love his great sense of humour! Executive Director Sheana Mohra says "Rocmaura would not be able to provide the level of care that we do, without dedicated volunteers like Emil!"



Congratulations to the **Sisters of Charity** on being honoured by the Rotary Club of Saint John for their commitment and service to our community. Congregational leader Sr. Marybeth McCurdy accepted the award at the Rotary annual Gala at the Delta in Saint John on May 3rd. She noted the importance of collaboration among service organizations ~ "together we can make a difference."

Congratulations to **Sister Mae** Arsenault who received the 2017 Terry MacNeill Wellness Award on May 10 in Fredericton during the annual general meeting of the New Brunswick Association of Nursing Homes Inc. This year Sister Mae is celebrating 20 years as Mission Coordinator at Rocmaura.



Welcome Aboard **Holly Jones** our new Director of Nursing. Holly has worked at St. Joes in the Health & Aging Program from 2006-2016. Prior to this, Holly worked in various nursing supervisor roles throughout Region 2 with clinical specialities in ICU, CCU, Cardiac Surgery, Trauma, and Emergency room. Most recently Holly was the Director of Nursing at Kiwanis Nursing Home in Sussex.



Many thanks to members of the **Rotary Club of Saint John** for supporting Rocmaura's new wheelchair bus with a \$15000 donation! **Saint John Mechanical Contractors** contributed \$24,000 and Lawton's help with gas and annual upkeep costs.



The award honours a nursing home employee who demonstrates leadership in the workplace and serves as an example of the importance of healthful living. Sister Mae starts every day taking the stairs, she's done TreeGo, hikes with the Saint John Outdoor Enthusiasts Club, and most notably, walked the Camino de Santiago on pilgrimage in Spain in 2015.





Congrats to Bruce Kyle who won \$1300 in Rocmaura's 50/50 draw at Rib Fest! Thanks to all the volunteers who helped sell tickets rain and shine!



Sign up for **Lotto 10/49!** \$10. Draws start July 29 every Wednesday & Saturday. Contact Cindy Keleher (506) 608-8498.



LIKE us on Face Book!



FRIEND

Share your stories with us!

Contact Us!

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Sally Cummings Coordinator
Memorial Donations
Planned Giving, Bequests,
Life Insurance, Annuities,
Personal Property
Payment by cash, cheque,
debit, visa or mastercard



Thank you for your kindness AJ Leonard who stopped by to make a donation in memory of his wife of 62 years.



Our Blessings

We are always happy to hear from family members. Whether you have a story to tell or a memory to share, we love to hear from you. Here are some of the cards and face book comments we have recently received.

"A special thank you to the "Angels of Rocmaura who cared for Anita with dignity and love."

Anita Leonard passed away peacefully surrounded by her loving family on June 8th at Rocmaura. Her family is very grateful for the loving care provided by Rocmaura staff. Leaving a memorial donation to Rocmaura Foundation is a way to leave a lasting legacy that will help enhance the quality of life for many others in years to come.



Luanne Leonard Without the Palliative Care Suite at Rocmaura I don't know what we would have done. Not only did you lovingly take care of mom for the last ten months you took care of her rather large family during her final 8 days. We basically moved in...You were all so very accommodating and we are eternally grateful. Having that beautiful space for us all to see mom off for new adventures was so unexpected and simply amazing. Thank you all so much! Mom's new address is heaven; just in case she forgot something. ❤️

Love · Reply · Message · 9 - June 16 at 4:38pm



Gina Healy Our family commented often how perfect the Palliative Care Suite was for our large family. The staff was unbelievable. They laughed and cried with us. Saying good-bye to our dear Mother was made a little easier with the loving care she received. Thank-you all so much from the bottom of our hearts.

Sherri Charlton



"I want to thank all the staff for taking such good care of my father Ralph " Bill" Charlton. You're all angles to me and I...well my family appreciate every one of you very much. Thank you"

May God Bless All of You

Thank-you to Staff of GardenCourt for the loving care you provided to our Dear Mother. You are all wonderful caring people

Family of Freda Rogers

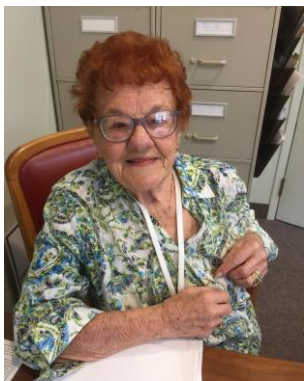
Long Time Rocmaura Volunteer Turning 100

While Rocmaura celebrates Canada's 150th birthday at its annual Gala, one of its well-known volunteers is marking a very special milestone as well. Monty Johnston is turning 100 on September 16, 2017.



Monty, with her bright red hair and perfectly manicured nails, skips into Rocmaura every Wednesday to help volunteer at Bingo. Monty's had the same hair dresser for 45 years, but winks as she admits her trademark locks might be a shade or two redder than they used to be!

Monty loves to visit the Residents, loves reading and trading books with them. "I give everyone a hug." She's been volunteering here for 27 years and proudly wears her volunteer pin, which is now a collector's item. "They don't make these anymore you know."



Monty has a great sense of humour. "I have a big mouth. I can tell a lie with a straight face, but I'm not a bull #%," she says with a laugh, "pardon the expression".

Monty first came to Rocmaura with friends Jo Murphy and Josie Crowley who were often referred to as the "Three Muskateers." Throughout her life Monty has spent countless hours volunteering for her church and community. She has delivered Meals on Wheels, volunteered for the Terry Fox Run, and International Chess Festival during Mayor Elsie Wayne's days in office. Monty helped start the Rocmaura Auxiliary, serving as Secretary because she had her own typewriter. Her Catholic faith remains strong. She has been a member of the CWL since 1956 and is never late for eleven O'clock mass on Sunday.

Monty was born in Cape Breton, Nova Scotia as Florintine Boudreau and moved to Saint John as a child. She admits times were tough growing up in the city's North End. As a teen, Monty worked at the NB Museum for \$4.00 a week. She attended Saint John Vocational School where she won a bronze medal for scholastic achievement. Monty married John Montague who worked as an engineer at the Sugar Refinery. They had two daughters and a son who all attended university and became teachers. After her first husband died at age 46, she married George Johnston in 1965.

Monty has five grandchildren and ten great grandchildren, all of whom she is very proud.

This positive outlook is what keeps her young. "I always tell people to get up and move! Keep on doing things. (And I always have a drink of wine with dinner and drink of rum before bed) she adds.

Monty has always had an active life and continues to do so. She played bridge, bowled and curled. Monty enjoys life and has had a ball. She remembers she wore a wig once while curling which fell off, so they just swept it to the other end of the rink!



Monty has traveled extensively from Europe, to Hawaii, Mexico, the Yukon, Alaska and Panama Canal. She has kissed the Blarney Stone in Ireland, played bingo in Las Vegas, and toured the Maritimes. She used to go to Barbados for a month every winter where she cooked for the hungry children, and still has driftwood statues they gave to her as thanks.

Even though Monty has outlived many, "9 out of 10 of my friends are now gone," she doesn't let it get her down. She owns her own home, cooks, and loves to garden, although admits she recently hired a man to mow her lawn. She drove until she was 92 and says giving up her license was hard. Now she relies on friends to pick her up and give her a lift. She insists "It's important to be ready! Don't make them wait." Monty still plays Auction 45's four times a week, loves to crochet, macramé, hook rugs, has painted, cross stitched and won prizes for all of that. While Monty has lived through many technological changes in the past century, she has no interest in computers or cell phones but still has a pen pal she began writing to in 1939 in Waco, Texas. Her secret to life? She loves people. "I love to go up and look after the old people at Rocmaura," she laughs with a gleam in her eye, and off she goes to Bingo with no plans of quitting anytime soon.

Donor Wall Pays Tribute to Auxiliary Member



Many thanks to Jim & Ed Kelly and sister Shirley Ouellet who placed a bird on Rocmaura's Donor Wall in memory of their mom Freda Rogers. Freda was a long time member of Holy Trinity Parish, the CWL, and Rocmaura Auxiliary to name only a few. Please contact us to leave your legacy. (506) 643-7090 foundation@rocmaura.com