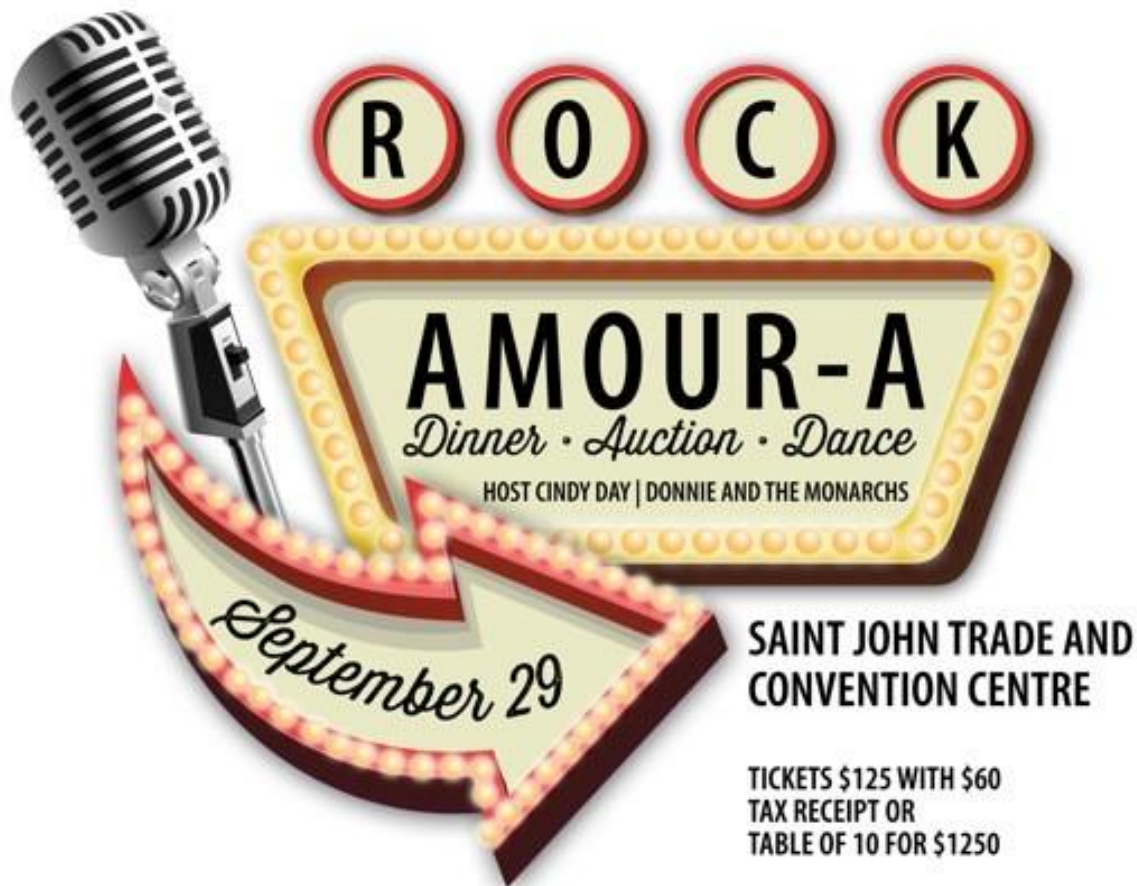


Rocmaura

a community of caring people



Join us for our 20th Anniversary Rocmaura Gala!

We are now accepting donations for our live and silent auctions. Please donate a gift card or gift basket! (min.\$50 value) Tim Isaac Antiques may appraise Artworks, and other valuable items. Donations must be delivered by July 15. Please send us a photo or list of what you have to give! foundation@rocmaura.com.

This year, funds will kick start the **Final Phase of our Wardrobe Project** to enhance Resident's rooms on Terrace Court. We have 48 units left to build at a cost of over \$170,000. We also have a **Furniture Replacement Program** underway. Much of Rocmaura's furniture dates back twenty years. We are in need of **Resident room chairs, love seats** for families to visit, **feeding chairs** and **adjustable dining tables** that can fit wheelchairs underneath. The Foundation is also working on creating "**Memory Lane.**" This project will brighten up a long hallway with old photos and memorabilia that Residents will enjoy reminiscing about. Perhaps you have a vintage item you would like to donate to this program?

All EXTRAS to improve our 150 Residents quality of life are funded through activities by the Foundation. You can help make our wishes come true by purchasing a **table of tickets**, making a monetary **donation**, or being an **event sponsor**. Contact Sally Cummings at the Foundation Office today! (506) 643-7090

What people are saying about us...

March 2018

"Hats off to all the staff that worked so hard during this time with cleaning , taking care of patients , etc. You all do a great job."

Diane Sullivan

"My Aunt Marie Little spent her last days at Rocmaura Nursing Home. The people were so wonderful to her and the rest of our family. I worked there back in 1999 as a volunteer."

Aurelle Joseph Ketch

"I want to thank all the staff for taking such good care of my father Ralph "Bill". You're all angels to me and I...well my family appreciate every one of you very much."

Sherri Charlton

"I may be biased, but the absolute best unit is Hopewell Court! My mom is loved and cared for by the fantastic staff."

Maureen O'Hearon-Lang



Rina Gallant loves the comfort of falling asleep by her mother's side. 96-year-old Yvonne Gallant has lived at Rocmaura for about 3 years now. Rina likes holding her hand, but the teacher's assistant admits, sometimes she nods off after a long day, and climbing into her mother's bed was not very practical!

So, she has purchased a special recliner and has donated it to Terrace Court. The Harmony chair cost about \$1200, but Rina says it was worth it. "I just love it! The chair is so comfortable and it's easy to move." She adds jokingly, "I might wake up some morning in the hallway without even knowing it, if staff need to wheel me out of the way!"

All joking aside, Rocmaura is in need of new furniture including resident room chairs. "Much of Rocmaura's furniture dates back over twenty years. It is worn out and the home needs an update," says Foundation Director, Sally Cummings.

Medical quality furniture can be costly but it will stand the test of time. It is much more durable and made to fit the special needs of the home.

The government is only able to provide the "necessities of life", so the Foundation is helping to raise funds for a major furniture replacement program.

"We are in need of room chairs, love seats where family members can visit comfortably, feeding chairs for staff, and adjustable dining tables that wheelchairs will fit underneath," says Cummings. Last year the Foundation and some generous donors helped purchase 7 Theraglide Rocking Chairs and the Residents love them because it gives them the ability to self soothe.

"Our furniture must be durable, easy to clean, and meet the requirements of Residents who are at various levels of cognition and physical ability," says Executive Director, Sheana Mohra.

Rina is enjoying her recliner while spending time with her Mom. She encourages others to help make life a little more comfortable at Rocmaura too.



How can you Help?

**Buy a Chair Program
\$1000**

Purchase a Resident Room Chair or an Occasional Chair for a sitting area!

**Furnish a Room
\$3500**

Update an alcove or Trinity TV Lounge with new Sofas & Occasional chairs



JOIN US AUGUST 21-24, 2018

24 EVENTS
1500+ PARTICIPANTS
10 PROVINCES, 3 TERRITORIES

Facebook Moments

Rocmaura is a proud sponsor of the 55+ Games, which will see athletes visiting from across Canada. Many thanks to Co-Chairs Emil Olsen and Glen Hicks and the Greater Saint John Community Foundation for the \$20,000 Smart & Caring Grant to Rocmaura Foundation! You are helping us make life better for our residents in their "home away from home" by providing an activity coordinator for the next year! Melissa Larivee will be helping to get seniors out and about in our community, promoting physical, mental, and spiritual well-being of Canadians over the age of 55 years.



Watch for Rocmaura's Bus transporting athletes



Saint John High students visit during Prom week

Dietary Department Donates 3 Companion Pets to Residents



Ron Bouchie playing the spoons



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Contact Us!

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(506) 643-7090
Foundation@rocmaura.com



Sally Cummings, Director

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Meet Roberta Frost from Terrace Court, AKA, “Bobbi”. She has been a Resident at Rocmaura Nursing Home for about a year and a half. The 86-year-old from Glace Bay, NS has an extraordinary memory, never forgetting the first name of any staff member or summer student that she meets.

Another remarkable characteristic is that she is both deaf and blind. Having a debilitating childhood illness hasn’t stopped Bobbie from living her life.

Bobbi attended the School for the Deaf and Blind in Halifax and Amherst where she met her husband, Eugene, who was also deaf. They were married for 50+ years, and at one point, they lived at Rocmaura together.

Before moving into Rocmaura she enjoyed cooking, which she did without any assistance. She was the only one to touch the baking items, which allowed her to find everything where she had left it.

Nowadays, Bobbi is an avid reader, loves feeling the vibrations from music, and greatly enjoys going on walks and dancing when her family comes to visit her. Some of her favourite places to walk are throughout McAllister Mall and to various Tim Hortons. Bobbi continues to be a member of the Forest Hills Baptist Church and attends services a couple of times a month.

The main way Bobbi communicates with the people around her is through American Sign Language for the Blind.

This consists of making specific gestures or touches that correspond with certain letters in Bobbi’s hand in order to spell out a word. She does keep a cheat sheet near her dresser in order to assist the staff and volunteers who may not be as familiar with signing. Whoever is signing to Bobbi does not need to interpret her responses to those around her. Once she is signed to, she will respond to the signer in a low spoken voice.

If you were to ask Bobbi what her favourite things are about Rocmaura Nursing Home, she would tell you that she enjoys having her own room as this allows her to find all of her belongings without outside interference. Bobbi also greatly appreciates the staff and volunteers that take the time to learn how to sign in order to communicate with her. She especially enjoys the summer students though, as they stop in frequently to say “hi” and have a little chat. As soon as April rolls around, she begins her inquiry as to when they will arrive



Story by Esmee Setzke. She is a Rocmaura SEED summer student

