



On the Road to Recovery

Excitement is building as New Brunswick heads toward a 75% vaccination rate and things opening up on New Brunswick Day. After a year-and-a-half on lock down due to Covid-19, it feels good to be going GREEN! Rocmaura Residents have rolled up their sleeves for both doses of vaccine, and 82% of staff have their shots.



Staff are looking forward to doffing PPE, saying goodbye to Covid tests and masks. Families are anxious to get close to their loved ones again.



Executive Director Sheana Mohra says, "We are so thankful to see an end to the pandemic in sight," but cautions, "We aren't quite there yet. We are keeping an eye on variants that are causing concern in other countries, and says Social Development Minister Dorothy Shephard plans a two week delay for Nursing Homes after the rest of the province opens in order to keep our vulnerable seniors and staff safe."

In the meantime, Mohra urges everyone to take advantage of opportunities to get their shots, and to continue to be diligent about following health protocols.

"We are all very thankful for everyone's hard work, dedication, and a lot of praying, that has kept Covid out of our home.

Thank you everyone for your support and caring over the last year and a half; we could not have gotten through this without your thoughtfulness. "

Double your Donations!

An anonymous donor has come forward with a generous offer to help us finish our Wardrobe Project "We are so excited," says Foundation Director Sally Cummings, "Because this brings us that much closer to completing our major renovation to resident's rooms."

Rocmaura Foundation has been working away at refurbishing every room with these beautiful built-in closets since 2007. We have the last 30 units left to build on Terrace Court at a cost of \$105,000.

A donor has offered to fund up to \$52,500, or HALF of the remaining cost of the project, if we can find other donors to match it!



Eleven units were installed on Terrace this past year. This brought joy to one resident in particular, June Lane, who had been waiting several months!



With a \$3500 gift, you can have a plaque engraved with a company name or in honour of someone special.

Please reach out to your Foundation to make a donation today! (506) 643-7090 foundation@rocmaura.com

Wardrobe Project

Thank you to all our generous donors who have given \$3500 to our Wardrobe Project in 2021!

Don Mitchener
Scott McCain
Mary Theresa Jesso
April & Larry Dietrich
Tom & Helen Brideau
Robin Naish and the Whittaker Family
Canaport LNG

Many thanks to so many others who are taking the opportunity to double their gifts! **Did you know?** You can have a plaque engraved when your accumulated donations total \$3500! Ask Foundation Director Sally Cummings to tally up your gift receipts to see how much more you need to contribute to reach a \$3500 pledge!



Robin Naish is showing her Mom Margie Whittaker the gift that will help refurbish another room. Thank you for your kindness! This brings joy to our home!

Applause

A big thank you to our friends at Canaport LNG for donating a new wardrobe unit!

Kim Middleton says they are happy to help. They know long-term care homes like ours have



been hit hard during the Covid-19 pandemic.

This is not the first time Canaport LNG has helped revive our home! In 2018 the company helped us create Memory Lane, transforming a long dark hallway into a place where residents love to gather and reminisce!



Donor Wall Blooming

The leaves on our Legacy Tree are budding with lots of new tributes in our main dining lounge. Our residents love watching it grow.

Debbie Searle - leaf in memory of her mother Joan Natalie McNeill - bird in memory of Joan Simmons
Gerry Eldridge- bird in loving memory of Bobby Joanie Gallagher-leaf for Mary from family & friends
Irene & Joe Loring - leaf in memory of Pat Loring



Thank you to Delila Nunes from Ontario for your \$1000 donation in memory of your husband Hernani Nunes.

The Foundation is adding two new donor levels for \$1000 and \$1500 gifts! Sally Cummings says these new hummingbirds and dragonflies will bring

colourful new life to our wall!



Courtyard Project a GO!



Residents are enjoying 160 tulip bulbs donated by families last fall. Our application to the Windsor Foundation was also a success! We have been awarded a \$28,000 grant to beautify our courtyard, and make it safer for wheelchairs by building a concrete patio. Stay tuned this fall!

Fund-a-Need



Our new Fund-a-Need Campaign resulted in two major donations and wishes filled recently.

Many thanks to **Fundy Funeral Home** for the donation of \$2400 to purchase two new Thera Glide rocking chairs for Trinity Court!

Brenan's Funeral Home donated \$4000 for a new blanket warmer on Hopewell and Terrace Courts. Doris Tobias is enjoying the comfort and warmth it brings.



2020-21 WISHES GRANTED

The Foundation is thrilled it was able to grant the following wishes from your donations the past year!

- \$5100 Ice making machine for better hydration
- \$3200 Wheelchair Scale - Rotary Club - Terrace Court
- \$3200 Wheelchair Scale -Edith Chilton- Garden Court
- \$700 5 pocket talkers to help residents hear
- \$900 Tablecloths for homier dining
- \$600 New resident welcome baskets
- \$1300 2 Geri Chairs for Trinity Court
- \$3300 2 Thera glide Rocking Chairs for Trinity Court
- \$4600 Rehab Equipment
- \$1200 Two-Way Telephone from JDA Electric
- \$2400 Two Thera Glides from Fundy Funeral Home
- \$4000 Blanket Warmer from Brenan's Funeral Home
- \$2000 Harold Marks Paintings
- \$5400 14 Artworks by Catherine McAvity



Our **Art Gallery Project** is brightening up our home with original works of art. We cannot wait to show you the new Catherine McAvity paintings we have just had framed!

JDA Electric Answers Our Call

We are thrilled with a new two-way telephone to give families more privacy during window visits!



Larry and Fran Kincade are enjoying a window visit with their grandson Matt Boyle and two great grandsons! Baby George was one month old in this picture! They were able to have a private conversation thanks to our new two-way phone.

Bubble Raffles



Since we couldn't meet in person for large events, lotteries and raffles became a popular way for many non-profit charitable organizations to raise funds this year. One of our major donors, **Tom Brideau** won our Fat Bikes Draw! A big thank you to Tony & Denise Clapham of

Norvyacom Asset Management for sponsoring \$1300!

Our Director of Nursing, **Shirley Fraser** will be off for a well-deserved weekend of GLAMPING after winning our \$700 Bay of Fundy Weekend Getaway!



Congratulations **Judy Thomas** who won our MUSKOKA Kayak. This draw raised \$4000!

ROCMAURA BUBBLE RAFFLE

WIN MUSKOKA KAYAK VALUE \$1000

TICKETS
 1 for \$40
 2 for \$75
 3 for \$100

The Clear Water MUSKOKA is a crossover design. Stable and compact like a recreational day kayak but fast and sleek like a touring model.

Rocmaura
 a community of caring people
 FOUNDATION

E-Transfer to: foundation@rocmaura.com with your name, email, and telephone in the message box
 Call with your credit card (506) 643-7090

Lottery Licence # 0414 649 56 002 | Charitable # 886688597 RR0001

ENTER to WIN AGAIN!

We have a draw for another 12-foot Clear Water KAYAK valued at \$1000 to be drawn soon!

WIN!
 Spinera Classic
 9'10" Inflatable
 Weight 7 kg
 Includes fin, pump, backpack & foldable paddle

\$700 Value

Draw Wed. June 30

Standup Paddle Board

Tickets \$10
5 for \$25

E-transfer to:
foundation@rocmaura.com
 with Name, Tel, Email in box
 Call (506) 643-7090

Congratulations to **Amelie Crawford**, who won our stand-up Paddle Board!

Thank you to everyone who entered our draws!

Congratulations to **Anne Marie Ahearn** who won our Otentik weekend at Kouchibouquac Park Thanks to Foodland and Old Triangle Pub for donating \$50 Gift Cards!

WIN!

Otentik Kouchibouquac Park
 Booked for Fri. Aug. 13-15, 2021
 \$50 Old Triangle Pub Moncton
 \$50 Foodland

2nd Prize!
 \$150 CAA Plus
 \$25 Dining card

Tickets \$50
 2 for \$50
 3 for \$65

3rd Prize!
 \$100 NB Parks Pass

E-transfer to:
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 with Name, Tel, Email in box
 Call (506) 643-7090

Weekend Glamping
 Draw Tuesday July 13

Cathy Murphy won a CAA Plus Card
Sue Ness won a \$100 NB Parks Pass!

Pop Up Online Art Auction

Thank you to Boyd Pop Up and artist Gerard Collins for helping us with an online art auction on Instagram. This beautiful artwork "Daphne, Crows & Apple Blossoms" raised \$1125. Congratulations to **Peter Josselyn** who had the winning bid!



Botox and Bubbles

Tattoos were once taboo too! Now everybody's interested to learn about the latest beauty trends. Our Botox n Bubbles was a huge hit, raising \$7000, which actually doubled to \$14,000 with our matching program! Much appreciation to the **Rothesay Laser Clinic** and to our generous attendees who booked future treatments. Half of all proceeds were donated right back to Rocmaura Foundation! Thanks to our sponsor **Belmont Health & Wealth**, and our organizing committee Denise Long, Jen Butler, and Christina Harvey for trying something new! We loved the lip cookies!



Staff Appreciation

Our staff is not thanked enough for the awesome jobs they do. Congratulations to everyone who has won a gift card generously donated by our family members! We appreciate you! Don't worry if you haven't won yet, we have more draws coming soon!



Around Our Home



During the Easter Season, Director of Nursing, Shirley Fraser dressed up to surprise residents and staff. The bunny hopped all over to bring smiles and hugs when it was needed most!



Artist in Residence



Dot Pendleton is a very accomplished artist in Garden Court. You will often find her working with wax and an iron using a unique technique to create her paintings. Dot's talents do not end there! She is also skilled with oil and watercolour. When

Dot gave the Foundation Office "Coneflower" to hang on our walls. We thought it was so beautiful; we turned it into our new donor thank you cards! Check your mailbox, because if you make a major donation, you will get one too!

Joanne Fitzpatrick Artwork for Bid

Stay tuned. We are doing another online auction soon! We will have artwork galore, and other big prizes to bid on too! Keep your eyes peeled on the Rocmaura Nursing Home Facebook Page for items like this beautiful painting "Standing Figures". Joanne has been a long time art donor to Rocmaura Foundation. Many of her works beautify the walls of our home.



Caring Crew Strikes Again

The Caring Crew has stopped by with a few generous donations including a huge Connect-4, basketball, and axe throwing game for recreation. Residents are enjoying the games, and Staff did too during our Staff Appreciation Week Olympic Games.

Welcome Aboard!



Welcome to our newest Foundation Board Member Anamika Jain. She works at JD Irving and is originally from India. She came to Saint John to earn her MBA at UNBSJ and found a love of our community. She says she wants to serve the generation that helped shape it!



Welcome Sarah Buckley our Foundation Summer Student! Sarah will be attending UNBSJ in the fall in the Bachelor of Nursing program, and hopes to become an ER Nurse Practitioner. She says she is very excited to build bonds and learn from our residents.

Loss During a Pandemic

When a loved one dies, it is natural to want to honor that person's life with a gathering of family and friends.

A funeral service, memorial service, or a celebration of life is a beautiful way to acknowledge and honor the life of a loved one who has passed away. Billy Tyler, a funeral director at Fundy Funeral Home, and Foundation Board Member, says during the last year, many families were unable to do just that.

"This pandemic has changed the way individuals mourn the loss of their loved ones. We could never have imagined a day where we would all have to grieve our loss in isolation," says Tyler.



"My mom, Shirley Butler passed away in Covid. To say it was different is an understatement," says Jen Butler. She is also a Foundation Board Member who is grieving the loss of her Mother.



"We were lucky, we were able to have a viewing and a mass to say good bye. The miss, was friends and family. No one was sure of the rules. People were not comfortable visiting, fear was a main contributor. We missed so many people and were upset by this. We wondered, "Was mom not important enough?" We understood, but still, there was a little anger at "stupid Covid". We are blessed to have had those who were able to attend in person, and many sentiments are still coming in, but there was just something missing." **Jennifer Butler is Senior Account Executive with Belmont Health & Wealth**

Without a memorial service, without being together, without a knowing look or hug... our journey of grief has become much more difficult throughout the last year. Some families who have lost loved ones said that they would return for services after restrictions were lifted. However, many families have chosen to go forward without having any services.

"With the restrictions starting to relax and funeral homes starting to provide public services again, we need to remember the importance of a funeral. It gives each of us the chance to face reality, to recall, to support, to express, to find meaning and to heal," says Tyler. "Now, more than ever, we are reminded of the importance of gathering as a community and honoring the life that was lived."

While some travel restrictions are still in place, funeral homes are encouraging families to 'livestream' their loved one's service, which allows mourners the ability to be a part of the day from away. This is just another reminder that even during the pandemic, we are always 'together, even from afar'. There is no substitute for sharing and mourning together, no one should have to go through the journey of grief on their own.

If you have any questions about current guidelines in place for visitations or funeral services, please contact your local funeral home for the most up to date information.



Billy Tyler is a Licensed Funeral Director/Embalmer and Certified Funeral Celebrant at Fundy Funeral Home

A Foundation Story

Bill Leahy is connected to one of our own at Rocmaura-Theresa Mercer, Our Director of Finance. Unfortunately, Bill passed away in late May of this year, but his stories and legacy will live on.



Theresa tells us he went to work at 10 years old to support his family after his father's death. This was his start as an entrepreneur and mostly likely, where his eight children get their strong work ethic.

Bill worked at the CPR in Saint John and Montreal, Prudential Insurance, and in sales at Barnes Hopkins. This sparked his interest in the printing business, when he bought Lingley Printing in 1976. Bill and his team won many small business awards, and kept Saint John's economy growing while supporting the community. Bill was involved in the support of the Liberal Party, and in many community organizations, including the Rocmaura Foundation where he served as Board Chair.

Rocmaura Nursing Home Executive Director, Sheana Mohra says, "Bill was a very social, kind man with a great love for his Irish roots and his family. He was the embodiment of a true Irishman. He had strong convictions and would hold steady to them in all circumstances. Bill was one of the pivotal puzzle pieces in making Saint John a better place to be. He truly will be missed."

Aubrey Reid Scholarship

Rocmaura proudly awarded a new scholarship during Staff Appreciation Week. The Aubrey Reid Memorial Bursary enables staff to access \$1000 annually for the next several years, to advance their learning. The fund was made possible with a \$13,000 donation from his family, and the Sisters of Charity of the Immaculate Conception.



Aubrey Reid was a very active member of the Board of Directors of Rocmaura for nine years, and served as board Chair. He passed away December 27, 2018. His sister Heather Oakley also serves on the board and his family wanted to keep his memory alive, by establishing this annual bursary in his name.

“Aubrey spent his entire career advocating for and assisting individuals to reach their greatest potential.”

He coached students and employees at the New Brunswick Community College where he served as Registrar for Student Services. He mentored his staff and served on numerous community committees and working groups to improve the lives of people in our city and province as Regional Director with the Department of Social Development. Aubrey was an active member in his Parish Church communities, and had a very special personal relationship with the Sisters of Charity.

“His love for Rocmaura and his belief in equal opportunity for post-secondary education and learning, led to our decision to establish a bursary for continued education for Rocmaura staff.”

Taking care of our aging population is a growing concern. People are living longer and coming to Nursing Homes with multiple complex medical and social issues. It is our hope, that this bursary will provide ongoing educational Opportunities for staff to be clinically current in their everyday care.



Emma Stephen has been working as an RA. Her Grandmother and Grandfather are very proud that she is pursuing her Bachelor of Nursing at UNB Fredericton.

Rachel Ross an LPN bridging into the Bachelor of Nursing Program at UNB.

Sheana Mohra says, “We are so appreciative for the kindness and thoughtfulness to receive these funds to support the development of staff.”



Foundation Director Sally Cummings says, **“There were so many great candidates who applied, Rocmaura added an additional \$500 so three people could receive this award this year!”**

“These funds have the potential to touch many people in all departments over the years in both formal and informal education and development.”
Aubrey was a man of faith, intellect, kind hearted, caring, compassionate, and loved by all whom he came in touch. We are so thankful and proud his legacy will live on here at Rocmaura.

Congratulations to **Vian Tolentino**, an LPN who just became registered as a Nurse.

If you would like to find out how to establish a Scholarship Fund with Rocmaura Foundation, please reach out to Sally Cummings at (506) 643-7090 foundation@rocmaura.com.

What People are saying about us

Given the last year, it is nice to see an organization treat its residents with care and dignity. I really appreciate your dedication despite the challenging COVID restrictions.

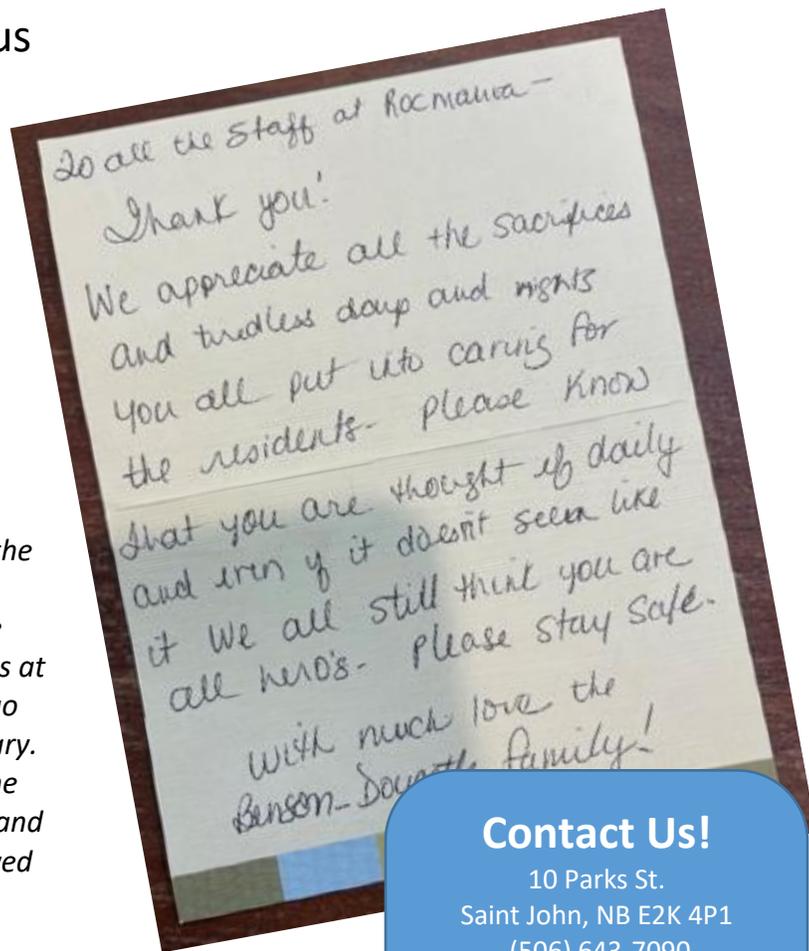
A few years ago, my Aunt Betty and Uncle Joe Fisher were at Rocmaura when my aunt Jean Gabriel was volunteering there. I knew that she was visiting them when I saw she had placed a butterfly on their door. She often talked about helping at Bingo and opening the canteen. Rocmaura gave her dignity and fellowship with the residents for many years. I was at Rocmaura a couple of years ago for Aunt Jean and Uncle Joe's wedding anniversary. It is nice that I have a happy memory to offset the last year of their life, which was sad. Thank you and your team for taking such good care of my beloved aunt Jean who passed away in March 2021.



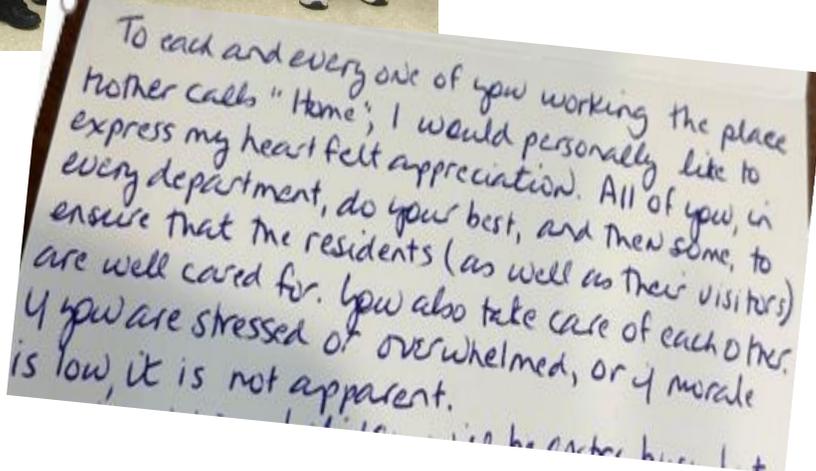
Karen Williston, Toronto



Volunteer Banquet 2016
Jean Gabriel was a very dedicated volunteer at Rocmaura Nursing Home for over 25 years.



We love to hear from you! Send your cards & letters to 10 Parks St. Saint John, NB E2K 4P1 and comment on our Facebook page



Contact Us!

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Sally Cummings, Director

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